

▶ **PROGRAMME :**

▶ **OBJECTIFS :**

▶ **PERSONNES CONCERNEES :**

▶ **PEDAGOGIE & BENEFICES :**

▶ **DUREE :**

▶ **PRIX :** euros

▶ **SESSIONS :**

Retrouvez la formation sur notre site :

<http://www.idcc.fr/Efficacit%C3%A9%20Professionnelle%207C%20Pour%20tous%207C%201120-Savoir%20garder%20la%20ma%C3%AEtrise%20de%20soi%20en%20toutes%20circonstances.html>